



2021 Conference

**Resilience in Music Therapy:
“The Times, They are A-Changing”**

Saturday, February 6th, 1pm - 9pm

and

Sunday, February 7th, 1pm - 5pm

Conference Schedule

Saturday, February 6th

1:00pm - 3:00pm: Community Project (optional)

4:00pm - 5:00pm: Opening Session

5:00pm - 5:45pm: **Keynote Speaker: Dr. Deforia Lane**

5:45pm - 6:30pm: Dinner break with an open Zoom mingle

6:30pm - 7:30pm: OAMT business meeting and elections

7:30pm - 9:00: Song Share

Sunday, February 7th

1:00pm - 1:50pm: Full Group Session

2:00pm - 3:20pm: Break-out Session: Presentations

3:30pm - 4:20pm: Break-out Session: Discussions

4:30pm - 5:00pm: Closing Session

Conference Details

Saturday, February 6th

1:00pm - 3:00pm: Community Project: Meals on Wheels Love Notes (optional)

Gather your glue, paper, scissors, and pens! Come virtually and flex your creativity by making cards for your local Meals on Wheels. You will be creating in your own home, while socializing over Zoom with MT community members.

4:00pm - 5:00pm: Opening Session

5:00pm - 5:45pm: Keynote Speaker: Dr. Deforia Lane

5:45pm - 6:30pm: Dinner break with an open Zoom mingle

Grab your dinner and come catch up with other music therapists. We will have multiple rooms to choose from.

6:30pm - 7:30pm: OAMT Business Meeting and Elections

7:30pm - 9:00pm: Song Share

This is a song share around the theme of **resilience**. You are requested, but not required, to prepare a song around our theme to sing live or share via a recording. Please bring a song you would consider using with clients and/or a song that fills your own cup. In an effort to not duplicate please have a few options ready if possible. It is, of course, ok to present different renditions of the same songs and it's also fun to learn new material!

Sunday, February 7th

1:00pm - 1:50pm: Full Group Session

So We've Got Licensure, Now What? Jodi Winnwalker, MSW, MT-BC; Melissa Potts, MA, MT-BC; Christine Korb, MM, MT-BC; Emily Ross, MA, MT-BC; Jessica Steinhebel, MA, MT-BC; Mary King, SMT

Oregon has been licensing music therapists for four years. What has that license done for you? Hear a brief history of the road to licensure, what still blocks access to our increased presence in health care in the state, and what your Government Relations Task Force is doing about it.

2:00pm - 3:20pm: Break-out Session Presentations

Option 1: Bringing Awareness to Self-Doubt: Origins of Perfectionism in Music Therapy Kristen McSorley, MMT, MT-BC and Tirzah Runyan, Bachelors of Music Therapy

Many music therapy students and clinicians struggle with feelings of inadequacy in their work. Breaking taboo by naming these experiences is essential for our growth and wellbeing, both personally and professionally. Together, we will examine perfectionism and its roots in white supremacy, ableism, and capitalism; then, we will trace these origins to their modern day manifestations in our music therapy training and practice. Join us, a new professional and her supervisor, in naming these experiences and moving through them by identifying your biases, shifting your thinking patterns, and more!

Option 2: The Space We Share: Examining How Our Identities Impact the Therapeutic Relationship Cassie Fox, MT-BC and Yana Ramos, music therapist

What are the first pieces of your identity people perceive? What are pieces of your identity that often remain unacknowledged? What does it mean to build our relationships upon a multicultural framework? In this facilitated discussion, we will examine the ways our overlapping identities, and the identities of our clients, impact the music therapy space. Drawing upon each of our lived experiences and clinical backgrounds, we aim to complicate what it means to hold space for our clients, asking the question: “what does it mean to bring all of who I am into relationship with all of who you are?”

3:30pm - 4:20pm: Break-out Discussion Session

Option 1: Looking Forward: How do Music therapists move forward, create impact, improve access to services in the current social climate? Facilitator: TBA

Option 2: Looking Inward: Quarantine Self Care - How do you fill your own cup? How do you endure as a professional MT during the Pandemic? Facilitator: TBA

4:30pm - 5:00pm: Closing Session

Information on credits:

This event is not pre-approved for CBMT credit. However, you can report your credits for attending Sunday’s Full Group Session (1 hour) and one of the Break-Out Session Presentations (1.5 hours). These credits can be counted as Independent Learning under "Other Continuing Education Opportunities."

To self-report, you will need to write a brief summary of your learning and how it relates to the certification board domains. A list of targeted domains will be provided to you during each presentation.

For more information about entering credits or recertification, visit the Certification Board of Music Therapists website linked [here!](#)

Presenter Bios:



Dr. Deforia Lane, PhD, MT-BC serves as Associate Director of the Seidman Cancer Center, & Director of Music Therapy at University Hospitals of Cleveland, Seidman Cancer Center and Rainbow Babies & Children's Hospital. With early intentions of pursuing a singing career, she completed her Bachelor Degree in Vocal Performance at the University of Cincinnati Conservatory of Music and began graduate studies at the Curtis Institute of Music. She attended Cleveland State University for her Master's Degree and earned her PhD in Music Education from Case Western Reserve University. She holds board certification as a Music Therapist and is certified by the American Music Therapy Association for Faculty Authorization. Dr. Lane has designed and implemented music therapy programs for such diverse populations as the mentally handicapped, abused children, geriatric clients, behaviorally and psychiatrically disturbed, adult and pediatric cancer patients and the terminally ill. Among the institutions that she has served as consultant are the Ohio Department of Mental Health, Mayo Clinic, Ohio Hospice Organization, the National Department on Aging, and Sesame Street (Children's Television Workshop).

Jodi Winnwalker, MSW, MT-BC is the founder and CEO of Earthtones Northwest and currently serves as co-chair of the Oregon Government Relations Task Force (GRTF).

Melissa Potts, MA, MT-BC is the owner of Willamette Music Therapy and a music therapist at Salem Hospital Psychiatric Medicine Center.

Christine Korb, MM, MT-BC is currently Clinical Coordinator of MT at Pacific University, and was formerly Program Director at Pacific and Marylhurst University. She is also an author and composer.

Emily Ross, MA, MT-BC is the owner of HoofnHorn Music Therapy Studio. She is Vice President of OAMT and serves on the GRTF.

Jessica Steinhebel, MA, LPMT, MT-BC, is the owner of Sound Wellness Music Therapy, LLC. Jessica is also a rehabilitation therapist at Oregon State Hospital and Resource Music Therapist for Seasons Hospice.

Mary King is a student at Pacific University. She is the current Student Representative for OAMT and is serving on the GRTE.

Kristen McSorley, MMT, MT-BC is the music therapy director at Earthtones Northwest in Portland, OR. She has seven years of clinical experience and a music therapy master's degree from Slippery Rock University. Her interests include disability justice and music therapy education.

Tirzah Runyan, Bachelors of Music Therapy, recently completed an internship at Earthtones Northwest in Portland, OR. She continues to build valuable skills working with people with developmental and intellectual disabilities and older adults with Dementia, helping them reach personal wellness and experience joy through music.

Cassie Fox, MT-BC (they/them) is a neurodivergent, queer, board-certified music therapist who works from a person-centered, anti-oppressive framework that emphasizes collaboration, relationships, exploration, expression, and community. Cassie is an intern supervisor at Snohomish County Music Project.

Yana Ramos, Music Therapist, (they/them) is a music therapist whose personal and professional paradigm is grounded in disability justice, wonder, and playfulness. A neurodivergent and disabled person of color, Yana believes that everyone is worthy of dignity, agency, care, and rest.

Thank you to the amazing OAMT Conference Planning Committee:

Caitlin Broderick
Mary King
Emily Ross
Jessica Steinhebel
Darcy Wallace